

Subject to Change

August 19, 2024 - June 8, 2025

Updated 8/1/24

MONDAY

Studio 6	Studio 5	Studio 4	Studio 7
8:00 - 9:30 Intermediate Ballet Sadie/Yoshi	8:00-9:30 New Roads School		
9:45 - 11:15 Intermediate Ballet Johnny/Yoshi	10:00 - 11:15 Beginning Ballet II David		9:15-10:00 Parent and Me 12-35 months Sarah Hurty
11:30 - 1:00 Advanced Ballet Johnny/Leon	11:30 - 1:00 Intro to Ballet Rebecca/Yoshi		
TRAINEE PROGRAM 1:00 - 3:30			
			3:30-4:15 Primary C (age 6) Open if needed
4:15 - 6:00 Ballet 7/6+ Martine/Valerie	4:15 - 6:00 Ballet 6/5+ Francine/Inna	4:00 - 5:00 Ballet 1 (age 7) (Group 1) Liz	4:15 - 6:00 Ballet 4+/5 Natalia/EJ
		5:00 - 6:00 Teen B Liz	
6:00 - 7:00 Pointe 7/6+ Martine/Valerie	6:00 - 7:00 Pointe 6/5+ Francine/Inna	6:00 - 7:00 Intro Liz	6:00 - 7:00 Pointe 4+/5 Natalia/EJ
7:00 - 8:30 Int/Advanced Ballet Natalia/Inna	7:00 - 8:15 Adult Beg Ballet II Aimée/Hiromi	7:00 - 8:30* Dolores Terry Jazz Athena Garrett *move to Studio 7 at 8:10	7:00 - 8:00 Adult Beg pointe Liz 8:10-8:40 Dolores Terry Jazz Athena Garrett

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TUESDAY

Studio 6	Studio 5	Studio 4	Studio 7
7:45 - 9:15 Intermediate Ballet Charlie/Leon In-studio & zoom Zoom 4	8:00-9:30 New Roads School		8:30 - 10:00 Beg/Int Ballet James/EJ
9:30 – 11:00 Intermediate/Adv Ballet Sven/Leon	10:00 – 11:15 Beginning Ballet II Aimée/Hiromi		
11:30 – 1:00 Advanced Ballet Johnny /Leon	11:30 – 1:00 Intro/Beg I Rebecca/Valerie		11:30-12:30 Floor Barre Carol
TRAINEE PROGRAM 1:00 - 3:30			
		Open Primary if needed	
4:15 – 5:45 Ballet 6/6+/7 Martine/EJ	4:15 – 6:00 Ballet 5/5+ Natalia/Inna	4:15 - 5:15 Ballet 3 (group A) Cassidy /Valerie	4:15 – 5:30 Ballet 4 Carol/TBD
5:45 - 7:00 Jazz 6/6+/7 Michele	6:00 - 7:00 Pointe 5/5+ Natalia/Inna	5:15 - 6:15 Ballet 3 (group B) Cassidy /Valerie	5:45 - 6:45 Pre-Pointe 4 Carol/EJ
7:00 – 8:30 Intermediate/Adv Ballet Wks 1,3,4 David P./Inna Wk 2 Bruce/Inna	7:00 - 8:15 Beginning Ballet II Natalia/Hiromi	7:00-8:30 Irish Dance Lisa Power Steinmetz	7:00 - 8:00 Jazz 5/5+ Michele 8:00 - 9:30 Adult Open/Beg Jazz Jeni Jones

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WEDNESDAY

Studio 6	Studio 5	Studio 4	Studio 7
8:00 – 9:30 Intermediate Ballet Evan/Yoshi	8:00-9:30 New Roads School		8:00-9:30 New Roads School
9:45 – 11:15 Intermediate Ballet Johnny/Yoshi	10:00 - 11:30 Beginning Ballet II Rebecca/Leon		
11:30 – 1:00 Advanced Ballet Pat Neary/Leon	11:30 - 1:00 Intro to Ballet Rebecca/Yoshi		
TRAINEE PROGRAM 1:00 - 3:30	1:15 - 2:15 Beginning Pointe Liz		
	3:30 - 4:15 Primary C (age 6) (Group 1) Liz	3:30 - 4:15 Primary A (age 4) (Group 1) Emily	3:30 - 4:15 Primary B (age 5) (Group 1) Cassidy
4:15 – 6:00 Ballet 6/6+/7 Sophie/Inna	4:15 – 5:45 Ballet 5/5+ Carol/Leon	4:15 - 5:15 Ballet 2 (Group A) Cassidy /EJ	4:15 – 5:15 Ballet 3+ (Group A) Caprice /Valerie
6:00 - 7:00 Repertoire L6/6+/7 girls Sophie	5:45 - 6:45 Pointe 5/5+ Carol/Leon	5:30 - 6:30 Ballet 2 (group B) Cassidy/EJ	5:30 - 6:30 Ballet 3+ (Group B) Caprice/Valerie
7:00 – 8:30 Int/Advanced Ballet Chasen/Leon	7:00 - 8:15 Intro to Ballet Nancy Paradis	6:30 - 8:30 Flamenco Assieh	6:30 - 7:30 Teen Ballet A/B Liz/Hiromi
	8:15 - 9:45 Beginning/Intermediate Ballet Tigran		7:30 - 9:00 Dolores Terry Jazz Athena Garrett

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THURSDAY

Studio 6	Studio 5	Studio 4	Studio 7
7:45 - 9:15 Intermediate Ballet Charlie/Leon In-studio & zoom Zoom 4	8:30 - 10:00 Beg/Int Ballet James/EJ		
9:30 - 11:00 Int/Adv Ballet Sven/Leon	10:00 - 11:15 Beginning Ballet II Aimée/Hiromi		9:30 - 11:00 Closed Company Class Chasen
11:30 - 1:00 Advanced Ballet Pat Neary/Leon Wk 4:Reid			11:30 - 12:30 Floor Barre Carol
TRAINEE PROGRAM 1:00 - 3:30			
		3:30 - 4:15 Pre-Primary (age 3) (Group 1) Mizuki	
4:15 - 6:00 Ballet 6+/7 Adrian/Inna	4:15 - 5:30 Ballet 4+ Aimée /EJ	4:15 - 5:15 Level 2 (Group A) Mizuki/Hiromi	4:15 - 5:45 Ballet 4 Carol/Valerie
6:00 - 7:00 Variations 6+/7 Adrian	5:45 - 7:00 Ballet 6 Evan/ Valerie	5:30 - 6:30 Pointe 4+ Aimée/Hiromi	5:45 - 6:45 Jazz B (4) Michele
	7:00 - 8:00 Pointe 6 Evan /Valerie	6:30- 7:30 Teen Ballet A Liz/Hiromi	6:45 - 7:45 Jazz B (4+) Michele
7:00 - 8:30 Int/Adv Ballet Joe Davis /Inna	8:00 - 9:00 Deke (Karate)	7:30 - 9:00 Irish Dance Lisa Power Steinmetz	Start On July 18 8:00 - 8:45 Intro Latin Ballroom: Rumba (No partner necessary) 8:45 - 9:30 Intro Ballroom: Waltz (partner preferred) Roxanne Milotti

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FRIDAY

Studio 6	Studio 5	Studio 4	Studio 7
8:00 - 9:30 Intermediate Ballet Sadie/EJ			
9:45 - 11:15 Intermediate Ballet Johnny/EJ	10:00 - 11:15 Adult Beginning II Aimée/Hiromi		
11:30 - 1:00 Advanced Ballet Johnny/Inna Wk 4: Reid	11:30 - 12:30 Adult Beginning Pointe Stephanie		
TRAINEE PROGRAM 1:00 - 3:30			
4:15 - 5:30 Floor Barre/Technique 5+/6/6+/7 Carol/Wendy/EJ (Floor Barre or Reformer) SMC Contemporary Dance: Seda STARTS JAN 31 (confirmed)	4:15 - 5:15 Ballet 4 Aimée/Inna	4:15 - 5:15 (Conditioning for non-SMC) Carol Spring Only LAB studios 4:30 - 6:00 Men's class Adrian	4:15 - 5:15 Ballet 3 (Group A & B) Michele/Valerie
5:30 - 7:00 Pointe 6/6+/7 Martine/EJ SMC Contemporary Dance: Seda STARTS JAN 31 (confirmed)	5:30 - 7:00 Ballet 5/5+ Francine/Inna	5:15 - 6:30 Ballet 4+ Aimée /Hiromi 6:30 - 7:30 Boys C Adrian	5:15 - 6:30 Ballet 3+ (Group A & B) Michele /Valerie 6:30 - 7:30 Pointe 4+ Aimee/Valerie
7:00 - 8:30 Beginning Ballet II David/Inna	7:00 - 8:00 Pointe 5/5+ Francine/EJ		NEW CLASS! 7:30 - 9:00pm Pirouette & Allegro Specialty Class Myles Lavalie

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SATURDAY

Studio 6	Studio 5	Studio 4	Studio 7
7:30 – 9:00 Intermediate Ballet Charlie/Leon In-studio & zoom Zoom 4	8:15 - 9:00 Primary B (age 5) (Group 2) Liz	8:15 - 9:00 Pre-Primary (age 3) (Group 2) Emily	7:30 - 9:00 Intro Ballet Damien
9:00 – 10:30 Beginning 1 Chasen	9:00 - 10:30 Ballet 5/5+ Evan/Leon	9:00 - 9:45 Primary A (age 4) Liz (Group 2)	9:00 - 10:00 Ballet 2 (Group B) Emily/Hiromi
		10:00 - 10:45 Primary C (age 6) (Group 2) Liz	10:00 - 11:00 Jazz 2 (A & B) Michele
10:30 – 12:00 Ballet 6/6+/7 Melissa (Evan)/Leon	10:30 - 11:30 Pas de Deux A/B L5/5+ Sven/Martine/Inna	11:00 - 12:00 Ballet 1 (group 2) Liz	11:00 - 12:00 Ballet 3 (grps A & B) Michele / Valerie
12:00 – 1:00 Pas de Deux C L6/6+/7 girls & boys Sven/Martine/Leon	11:30 - 1:00 Intermediate Ballet Chasen	12:00 - 1:00 Ballet 1 Open if Needed	12:00 - 1:00 Jazz 3 Michele
1:00 – 2:30 Advanced Ballet Sophie/Inna Wk 4: Reid	1:00 - 2:15 Ballet 4 Aimée/Valerie	1:00 - 2:00 BOYS A Tigran/Adrian/Damien (EJ Spring only) 2:15 - 3:15 BOYS B Tigran/Adrian/Damien	1:00 - 2:00 Jazz 3+ (plus Boys B) Michele
	2:15 - 3:30 Ballet 4+ Aimée/Valerie		2:00 - 3:00 Ballet 3+ (grps A & B) Michele /EJ
2:30-7:30 Rehearsals Sept-Nov & Feb-May	3:30 - 7:30 Rehearsals Sept-Nov & Feb-May	3:15 - 7:30 Rehearsals & Costuming Sept-Nov & Feb-May	3:15 - 7:30 Rehearsals Sept-Nov & Feb-May

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SUNDAY

Studio 6	Studio 5	Studio 4	Studio 7
9:00 – 10:30 Beg I to Ballet James/Yoshi		9:00 - 11:00 Irish Dance Lisa Power Steinmetz	
	10:45 – 12:15 Beg/Intermediate Ballet James/Valerie		10:30 – 12:00 Open Level/Beg Jazz Jeni Jones
11:00 – 12:30 Intermediate/Adv Ballet Wk 4 Bruce/Yoshi Wks 1,2,3, Damien/Yoshi		12:30 - 1:30pm Community Outreach Open Ballet class for children Nola	12:30 - 1:30 Beginning Pointe STAFF / Valerie
1:00 - 2:30 Adv/Pro Ballet Sophie/Yoshi	12:45 - 1:45 Boys A Damien		
	1:45 - 3:00 Boys B Damien/Valerie		
	3:00 - 4:15 Boys C Tigran		