WEEK 7: July 24 through July 28

UPDATED 06/7/2023

Intensive Week 5

Pre-Primary/Primary: Sleeping Beauty Fairies & Villains

MONDAY, JULY 24

Studio 6	Studio 5	Studio 4	Studio 7	Outside
8:00 - 9:30 Beg/Int Ballet Mark/Yoshi In-studio & zoom Zoom 4		CREATIVE WORKSHOP Ages 4 - 6 8:30 - 9:15 Dance (LIZ) 9:15 - 10:00 Choreography (LIZ)	CREATIVE WORKSHOP Ages 7-8 9:00 - 9:45 Music Exploration (assistant)	
9:45 - 11:15 Intermediate Ballet Johnny/Yoshi In-studio & zoom Zoom 4	10:00 - 11:15 Beginning Ballet II David	10:00 - 10:40 Music Exploration (assistant)	9:45 - 10:00 Snack (assistant) 10:00 - 11:00 Ballet Class (LIZ)	10:40 - 11:00 Snack (assistant)
11:30 – 1:00 Advanced Ballet Nilas Martins/Leon In-studio & zoom Zoom 4	11:30 - 1:00 Intro to Ballet Rebecca Studio & Zoom Zoom 1	11:00 - 12:00 Costume Design (assistant)	11:00 - 12:00 Choreography (LIZ) INTENSIVE: Young Dancers (Ballet 3/3+, or ages 9/10 with 2 yrs experience)	12:00 - 12:45
INTENSIVE: Int/Advanced (L5 - 7, or ages 13-18 with 5 years experience)	INTENSIVE: Intermediate (L4/4+, or ages 11/12 with 3 years experience)	12:45 - 1:45 Costume Design (assistant)	12:30 - 1:45 Technique Natalia/EJ	12:45 - 1:45 Crafts/scenery (LIZ)
1:00 - 2:00 Conditioning/Floor Barre Carol	1:00 - 2:30 Technique Laura/ Valerie	2:00 - 2:30 Review & Goodbye (LIZ)	2:00 - 3:00 Repertoire/ Choreography Natalia	1:45 - 2:45 Crafts/scenery (assistant)
2:00 - 3:30 Technique Francine/Inna	2:45 - 3:45 Pointe 4+ Laura/ Valerie	2:45 - 3:45 Pre-Pointe 4 Carol	3:00 - 4:00 Dance History Natalia	2:45 - 3:00 Review & Goodbye (LIZ)
3:45 - 4:45 Pointe Francine/Inna	3:45 - 4:45 Variations Carol			***
4:45 - 5:45 Variations Carol	4:45 - 5:45 Conditioning Natalia			
7:00 - 8:00 Adult Beg Ballet II Aimée Studio & Zoom Zoom 2	7:00 – 8:30 Int/Advanced Ballet Natalia//Inna In-studio & zoom Zoom 4	7:00 - 8:30* Dolores Terry Jazz Athena Garrett *move to Studio 7 at 7:45	6:45 - 7:45 Adult Beg pointe Liz	

WEEK 7: July 24 through July 28

UPDATED 06/7/2023

Intensive Week 5

Pre-Primary/Primary: Sleeping Beauty Fairies & Villains

TUESDAY, JULY 25

Studio 6	Studio 5	Studio 4	Studio 7	Outside
7:45 - 9:15 Beg/Int Ballet Charlie/Leon In-studio & zoom Zoom 4	8:45 - 10:15 Int Ballet Johnny/EJ Studio & Zoom Zoom 2	CREATIVE WORKSHOP Ages 4 - 6 8:30 - 9:15 Dance (MIZUKI) 9:15 - 10:00 Choreography (MIZUKI)	CREATIVE WORKSHOP Ages 7-8 9:00 - 9:45 Music Exploration (assistant)	
9:30 – 11:00 Intermediate/Adv Ballet Sven/Leon In-studio & zoom Zoom 4	10:15 - 11:15 Beginning Ballet II Aimée Studio & Zoom Zoom 1	10:00 - 10:40 Music Exploration (assistant)	9:45 - 10:00 Snack (assistant) 10:00 - 11:00 Ballet Class (MIZUKI)	10:40 - 11:00 Snack (assistant)
11:30 – 1:00 Advanced Ballet Nilas Martins/Leon In-studio & zoom Zoom 4		11:00 - 12:00 Costume Design (assistant)	11:00 - 12:00 Choreography (MIZUKI) INTENSIVE: Young Dancers (Ballet 3/3+, or ages 9/10 with 2 yrs experience)	12:00 - 12:45 Lunch (MIZUKI/assistant) 12:00 - 12:45 Lunch (MIZUKI/assistant)
INTENSIVE: Int/Advanced (L5 - 7, or ages 13-18 with 5 years experience)	INTENSIVE: Intermediate (L4/4+, or ages 11/12 with 3 years experience)	12:45 - 1:45 Costume Design (assistant)	12:30 - 1:45 Technique Michele/EJ	12:45 - 1:45 Crafts/scenery (MIZUKI)
1:00 - 2:00 Conditioning/Floor Barre Carol	1:00 - 2:00 Conditioning Aimée	2:00 - 2:30 Review & Goodbye (MIZUKI)	2:00 - 3:00 Conditioning Michele	1:45 - 2:45 Crafts/scenery (assistant)
2:00 - 3:30 Technique Sophie/Valerie	2:00 - 3:30 Technique Aimée/Inna		3:00 - 4:00 Jazz Michele	2:45 - 3:00 Review & Goodbye (MIZUKI)
3:45 - 4:45 Neo-Classical Rep Sophie	3:45 - 4:45 Variations Carol			***
4:45 - 5:45 Variations Sophie	4:45 - 5:45 Jazz Michele			***
7:00 – 8:30 Intermediate/Adv Ballet Mark/Inna In-studio & zoom Zoom 4	7:00 - 8:00 Beginning Ballet II Natalia Studio & Zoom Zoom 1			

WEEK 7: July 24 through July 28

UPDATED 06/7/2023

Intensive Week 5

Pre-Primary/Primary: Sleeping Beauty Fairies & Villains

WEDNESDAY, JULY 26

Studio 6	Studio 5	Studio 4	Studio 7	Outside
8:00 – 9:30 Beg/Int Ballet Mark/Yoshi In-studio & zoom Zoom 4		CREATIVE WORKSHOP Ages 4 - 6 8:30 - 9:15 Dance (LIZ) 9:15 - 10:00 Choreography (LIZ)	CREATIVE WORKSHOP Ages 7-8 9:00 - 9:45 Music Exploration (assistant)	
9:45 – 11:15 Intermediate Ballet Johnny/Yoshi In-studio & zoom Zoom 4	9:30 - 11 10:00 - 11:30 Beginning Ballet II Rebecca Studio & Zoom Zoom 1	10:00 - 10:40 Music Exploration (assistant)	9:45 - 10:00 Snack (assistant) 10:00 - 11:00 Ballet Class (LIZ)	10:40 - 11:00 Snack (assistant)
11:30 – 1:00 Advanced Ballet Johnny/Leon In-studio & zoom Zoom 4	11 - 12:30 11:30 - 1:00 Intro to Ballet Rebecca Studio & Zoom Zoom 1	11:00 - 12:00 Costume Design (assistant)	11:00 - 12:00 Choreography (LIZ)	12:00 - 12:45
1:15 - 2:15 Beginning Pointe Liz	12:30 – 1:15 Adult Intro to Pointe Liz	12:45 - 1:45 Costume Design (assistant)	INTENSIVE: Young Dancers (Ballet 3/3+, or ages 9/10 with 2 yrs experience)	12:45 - 1:45 Crafts/scenery (LIZ)
INTENSIVE: Int/Advanced (L5 - 7, or ages 13-18 with 5 years experience)	INTENSIVE: Intermediate (L4/4+, or ages 11/12 with 3 years experience)	2:00 - 2:30 Review & Goodbye (LIZ)	12:30 - 1:45 Technique Natalia/EJ	1:45 - 2:45 Crafts/scenery (assistant)
1:00 - 2:00 Conditioning/Floor Barre Carol	1:00 - 2:00 Conditioning Laura		2:00 - 3:00 Repertoire/ Choreography Natalia	2:45 - 3:00 Review & Goodbye (LIZ)
2:00 - 3:30 Technique Carol/Valerie	2:00 - 3:30 Technique Laura/Leon		3:00 - 4:00 Hip Hop LEO FLORES	
3:45 - 4:45 Pointe Martine/Valerie	3:45 - 4:45	3:45 - 4:45 Pre-Pointe 4 Carol		
4:45 - 5:45 Variations Martine	4:45 - 5:45 Hip Hop LEO FLORES			
7:00 – 8:30 Int/Advanced Ballet Mark/Leon In-studio & zoom Zoom 4	7:00 - 8:30 Beg/Int Ballet Chasen Studio & Zoom Zoom 1	6:30 - 8:00 Flamenco Assieh	7:00 - 8:30 Dolores Terry Jazz Athena Garrett	

WEEK 7: July 24 through July 28

UPDATED 06/7/2023

Intensive Week 5

Pre-Primary/Primary: Sleeping Beauty Fairies & Villains

THURSDAY, JULY 27

Studio 6	Studio 5	Studio 4	Studio 7	Outside
7:45 - 9:15 Beg/Int Ballet Charlie/Leon In-studio & zoom Zoom 4		CREATIVE WORKSHOP Ages 4 - 6 8:30 - 9:15 Dance (MIZUKI) 9:15 - 10:00 Choreography (MIZUKI)	CREATIVE WORKSHOP Ages 7-8 9:00 - 9:45 Music Exploration (assistant)	
9:30 – 11:00 Int/Adv Ballet Sven/Leon In-studio & zoom Zoom 4	10:15 – 11:15 Beginning Ballet II Aimée Studio & Zoom Zoom 1	10:00 - 10:40 Music Exploration (assistant)	9:45 - 10:00 Snack (assistant) 10:00 - 11:00 Ballet Class (MIZUKI)	10:40 - 11:00 Snack (assistant)
11:30 – 1:00 Advanced Ballet Sarah/Leon In-studio & zoom Zoom 4		11:00 - 12:00 Costume Design (assistant)	11:00 - 12:00 Choreography (MIZUKI) INTENSIVE: Young Dancers (Ballet 3/3+, or ages 9/10 with 2 yrs experience)	12:00 - 12:45 Lunch (MIZUKI/assistant) 12:00 - 12:45 Lunch (MIZUKI/assistant)
INTENSIVE: Int/Advanced (L5 - 7, or ages 13-18 with 5 years experience)	INTENSIVE: Intermediate (L4/4+, or ages 11/12 with 3 years experience)	12:45 - 1:45 Costume Design (assistant)	12:30 - 1:45 Technique Michele/EJ	12:45 - 1:45 Crafts/scenery (MIZUKI)
1:00 - 2:00 Conditioning/Floor Barre Carol	1:00 - 2:00 Conditioning Aimée	2:00 - 2:30 Review & Goodbye (MIZUKI)	2:00 - 3:00 Conditioning Michele	1:45 - 2:45 Crafts/scenery (assistant)
2:00 - 3:30 Technique Sophie/Valerie	2:00 - 3:30 Technique Aimée/Inna		3:00 - 4:00 Jazz Michele	2:45 - 3:00 Review & Goodbye (MIZUKI)
3:45 - 4:45 Neo-Classical Rep Sophie 4:45 - 5:45	3:45 - 4:45 Variations Carol 4:45 - 5:45			***
Variations Sophie 7:00 – 8:30	Jazz Michele			
Int/Adv Ballet Mark/Inna In-studio & zoom Zoom 4				
8:30 - 9:30 Beg/Int Ballet Mark In-studio & zoom Zoom 4	8:00 – 9:30 Karate Don & Deke			

WEEK 7: July 24 through July 28

UPDATED 06/7/2023

Intensive Week 5

Pre-Primary/Primary: Sleeping Beauty Fairies & Villains

FRIDAY, JULY 28

Studio 6	Studio 5	Studio 4	Studio 7	Outside
8:00 - 9:30 Beg/Intermediate Ballet Mark/EJ In-studio & zoom Zoom 4		CREATIVE WORKSHOP Ages 4 - 6 8:30 - 9:15 Dance (LIZ) 9:15 - 10:00 Choreography (LIZ)	CREATIVE WORKSHOP Ages 7-8 9:00 - 9:45 Music Exploration (assistant)	
9:45 – 11:15 Intermediate Ballet Johnny/EJ In-studio & zoom Zoom 4	10:15 - 11:15 Adult Beginning II Aimée Studio & Zoom Zoom 1	10:00 - 10:40 Music Exploration (assistant)	9:45 - 10:00 Snack (assistant) 10:00 - 11:00 Ballet Class (LIZ)	10:40 - 11:00 Snack (assistant)
11:30 – 1:00 Advanced Ballet Sarah/Johnny/Reid /Inna In-studio & zoom Zoom 4		11:00 - 12:00 Costume Design (assistant)	11:00 - 12:00 Choreography (LIZ)	12:00 - 12:45
INTENSIVE: Int/Advanced (L5 - 7, or ages 13-18 with 5 years experience)	INTENSIVE: Intermediate (L4/4+, or ages 11/12 with 3 years experience)	12:45 - 1:45 Costume Design (assistant)	INTENSIVE: Young Dancers (Ballet 3/3+, or ages 9/10 with 2 yrs experience)	12:45 - 1:45 Crafts/scenery (LIZ)
1:00 - 2:00 Conditioning/Floor Barre Carol	1:00 - 2:30 Technique Aimée/ Valerie	2:00 - 2:30 Review & Goodbye (LIZ)	12:30 - 1:45 Technique Michele/EJ	1:45 - 2:45 Crafts/scenery (assistant)
2:00 - 3:30 Technique Francine/Inna	2:45 - 3:45 Pointe 4 + Aimée/ Valerie	2:45 - 3:45 Pre-Pointe 4 Carol	2:00 - 3:00 Repertoiree Michele	2:45 - 3:00 Review & Goodbye (LIZ)
3:45 - 4:45 Pointe Francine/Inna	3:45 - 4:45 Conditioning Aimée		3:00 - 4:00 Hip Hop LEO FLORES	
4:45 - 5:45 Variations Carol 7:00 - 8:30	4:45 - 5:45 Hip Hop LEO FLORES			
Intermediate/Adv Ballet Mark/Inna In-studio & zoom Zoom 4			7:00 - 8:15 Beginning Ballet II David	***

WEEK 7: July 24 through July 28

UPDATED 06/7/2023

Intensive Week 5

Pre-Primary/Primary: Sleeping Beauty Fairies & Villains

SATURDAY, JULY 29

Studio 6	Studio 5	Studio 4	Studio 7
7:30 - 9:00	7:45 - 9:00		
Intermediate Ballet	Intro to Ballet/History		
Charlie/Leon	Damien		
In-studio & zoom			
Zoom 4 9:00 – 10:30			
Beginning 1			
Chasen			
Studio & Zoom			
Zoom 1			
June 17-Aug 19			
10:30 - 11:30			
Beginning Ballet II			
Sven			
June 17-Aug 19	11:30 - 1:00		
11:30 - 12:30	Intermediate Ballet		
Adult Intro Pas de Deux	Chasen		
Sven	In-studio & zoom Zoom 1		
1:00 - 2:30			
Advanced Ballet			
Sarah/ INNA			
In-studio & zoom			
Zoom 4			
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WESTSIDE SCHOOL OF BALLET

SUMMER SCHEDULE 2023

Subject to Change

WEEK 7: July 24 through July 28

UPDATED 06/7/2023

Intensive Week 5

Pre-Primary/Primary: Sleeping Beauty Fairies & Villains

SUNDAY, JULY 30

Studio 6	Studio 5	Studio 4	Studio 7
9:00 - 10:30			
Intro to Ballet			
James/Yoshi			
In-studio & zoom			
Zoom 4			
	10:45 – 12:15		
	Beg/Intermediate Ballet		
	James/Valerie		
	Studio & Zoom Zoom 1		
11:00 – 12:30	200111	12.20 1.20	
Intermediate/Adv Ballet		12:30 - 1:30pm Community Outreach	
Mark/ <mark>Yoshi</mark>		Open Ballet class for children	
In-studio & zoom Zoom 4		Nola	
1:00 - 2:30			
Adv/Pro Ballet			
Sarah/Yoshi			
In-studio & zoom			
Zoom 4			